

Return to Fencing Risk Assessment-

Outdoor exercise from 22-05-2021

Risk	Mitigation	Action
Spread of SARS-COV-2 virus	Stay outside Stay 2 metres apart Refrain from participating if possible that you have covid-19	Inform participants not to meet up indoors and remain outside Ensure there is enough space for activity – need to know number of participants Inform participants not to take part if they have had a positive Covid test or have had signs or symptoms of Covid in last 14 days Symptoms of coronavirus (COVID-19) - NHS (www.nhs.uk)
Risk of injury due to lack of fitness	Use qualified coach or experienced fencer to run session to ensure activity can accommodate all levels of fitness	Person running session not have session plan
Risk of injury due to trips/slips etc	Ensure service is acceptable for form of exercise to be done Keep activities suitable for surface	Check area to be used and have back up plan Cancellation is surface unsafe e.g. rain Have alternative location and session plan if space unavailable. Communicate changes effectively to participants